WE CHAMPION, SUPPORT, AND CELEBRATE YOUTH WHO CARE FOR CHRONICALLY ILL, INJURED, ELDERLY, OR DISABLED FAMILY MEMBERS.

American Association of Caregiving Youth®

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Kids are no longer alone.

CAREGIVING YOUTH PROJECT

of the American Association of Caregiving Youth

In 2006, the Caregiving Youth Project (CYP) made history as the first U.S. program to provide comprehensive direct services specifically for Caregiving Youth. During the 2024–2025 school year, CYP served more than 700 students across 44 middle and high schools in Palm Beach County. Students from additional schools are also enrolled in CYP, although those schools do not currently have a formal in-school program due to resource constraints. Since 2006, more than 3,000 Caregiving Youth, along with their families, have received support through the program. CYP services are provided at no cost to participating youth and their families.

Direct Services in Palm Beach County

- Students typically remain in AACY's Caregiving Youth Project for five and a half years. The professional CYP team provides services to students from grades six through twelve.
- AACY provides these direct services through a Behavioral Health Agreement with The School District of Palm Beach County. This agreement allows the CYP team to interact with school personnel, utilize their facilities, and access students in groups or one-on-one for services during school hours.

AACY has demonstrated that academic and personal success outcomes are improved when Caregiving Youth are recognized and supported through their Caregiving Youth Project (CYP).

The AACY CYP boasts a 12-year high school graduation rate average of 98.3%; more than 90% of these students go on to post-secondary education, and many seek a career in health care, a needed labor force as the U.S. population ages.

Our programs help keep families together and support improvements in school performance, attendance, graduation rates, mental health, and overall well-being.

- The CYP offers Skills Building Workshops specific to this population's social, emotional, and practical needs. Lunch and Learn sessions are also provided to educate those in attendance, including school staff, about disease-specific topics. These sessions help positively impact students' grades and mental health, support progress toward graduation, and alleviate feelings of isolation.
- Through its school district partnership, AACY receives student records such as grades/graduation rates/behavioral progression information to verify CYP participant outcomes.
- To be eligible for the CYP services that receive certain funding, students must live in Palm Beach County, FL.
- Participants learn about the services via several avenues including eligibility screening. Word of mouth helps spread information about us, and Lunch & Learn sessions are open to all interested students. Additionally, school staff and other organizations may refer students they believe would benefit from our program.
- After being welcomed into the program, our Family Specialists reach out to each family for an assessment of their needs and provide resources to reduce student and family stress. This ensures that a tailored plan is created and can be adapted as necessary throughout the years. Furthermore, students can access office staff during business hours or dedicated support from our experts at any time.

AMERICAN ASSOCIATION OF CAREGIVING YOUTH IS FEATURED IN THE FOLLOWING NATIONAL PUBLICATIONS

Los Angeles Times · CNN HEROES · TIME · TODAY · USA TODAY · FOX NEWS digital · caregiving · Forbes · teen VOGUE · Esquire · NBC · THE WALL STREET JOURNAL · Doctors · The New York Times · VICE News · nyt mag