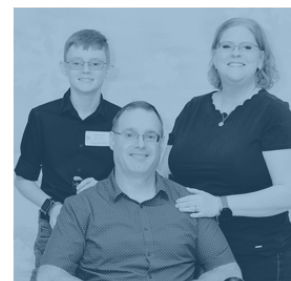
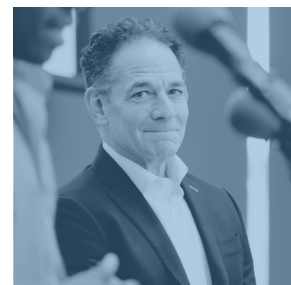




American Association of
**Caregiving
Youth**

American Association of Caregiving Youth, Inc.®
IMPACT REVIEW 2024-2025



VISION

We envision a nation in which there is understanding, appreciation, and celebration of the lives of Caregiving Youth on their individual path to life's dreams and opportunities.

MISSION

We champion youth who provide care for chronically ill, injured, frail elderly, and/or disabled family members. We support their role as caregiver and guide their success in school and life.

WHO WE ARE

The American Association of Caregiving Youth (AACY) leads the nation in identifying, supporting, and advocating for Caregiving Youth - children and adolescents who provide significant care for family members of any age or type of health condition. Through direct services in Palm Beach County and national leadership efforts, AACY works to ensure these young people are recognized, supported, and given the opportunity to succeed in school and in life.



FROM THE FOUNDER

This year brought new challenges for Caregiving Youth and their families as economic, healthcare, education, and housing pressures continued to impact daily life. Yet time and again, these remarkable young people showed strength, resilience, and determination.

At AACY, our staff, volunteers, Board of Directors, and Advisory Councils remained deeply committed to meeting students where they are - at school, at home, and in their communities. As caregiving responsibilities increased for many families, the depth and importance of this work became even more clear.

As we reflect on the past year, we do so with gratitude and resolve. We remain focused on ensuring that Caregiving Youth are recognized, supported, and given the opportunity to shine - today and in the years ahead.

A handwritten signature in cursive script that reads "Dr. Connie".

Connie Siskowski, RN, PhD, President and Founder, AACY

A CAREGIVING YOUTH STORY

"When we came to America, I went to Pre-K where I learned English. **My mother was very ill, and I often translated for her at medical appointments, helped with medication, cooked, and cleaned.** As school became more demanding, I struggled to balance classes, homework, and caregiving responsibilities. There were days I missed school because my mom needed me.

In sixth grade, I learned about the Caregiving Youth Project. The program supported my family with necessities like food, clothing, a bed, and counseling. My Family Specialist helped me manage stress and stay focused on school. *Through AACY, I learned I was not alone.*

Today, I am planning my future. I will pursue degrees in cybersecurity and cosmetology, build my own business, and create multiple sources of income. AACY helped me believe I don't have to choose between caring for my family and building my dreams."



CAREGIVING YOUTH PROJECT PALM BEACH COUNTY

2024–2025 CYP SNAPSHOT

Through a formal agreement with The School Board of Palm Beach County, the Caregiving Youth Project (CYP) provides direct services for caregiving students from sixth grade through high school. CYP supports students in school through Skills-Building groups, lunch-and-learn programming, and individual support, and at home through tutoring, mentorship, respite, and special projects. CYP also connects families to partner services that help meet needs such as food, beds, clothing, and medical access. Youth participate in fun and educational activities related to their caregiving tasks and designed to help prepare for their futures.



CYP Middle Schools → **23**

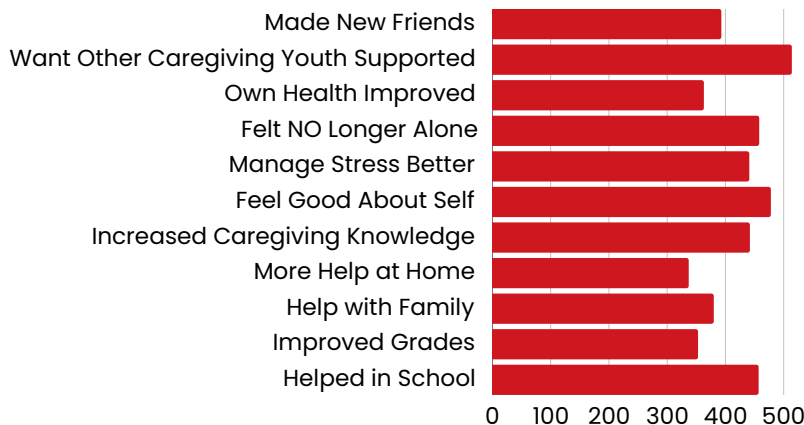
CYP High Schools → **21**

Total Students Served 2024–2025 → **703**

Average Number of Years a Student Remains in the CYP → **5.5**

Total Caregivers & Families Served since 2006 → **3,000**

CYP RESULTS



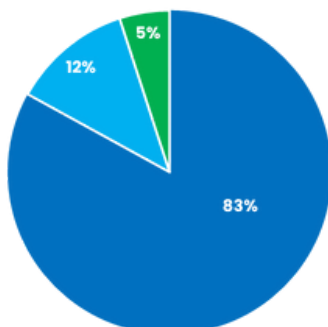
STUDENT SURVEY % YES

- End of Year **Feedback of 537 Students** – 65.5% Female.
- How the CYP Helped Them – Services are In and Out of School and at Home.
- **Respondents cared for 728 Family Members** (74.8% of whom are Adults)
- Respondents are Caregiving Youth who are from Palm Beach County Schools.
- CYP Services are **needs-driven at no cost to them or their families**; not all students receive the same support services.

Student & Family Outcomes With CYP Support | Nearly All Participating Students Remain in School and Graduate

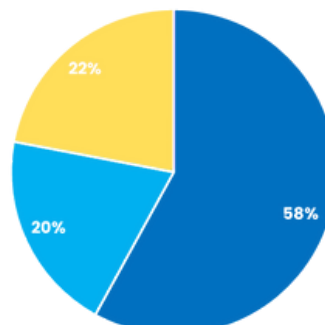
As of 2025, the 11-year average high school graduation rate was 98%, with over 80% of graduates pursuing further education, certifications, or military service despite ongoing economic and caregiving challenges.

FINANCIAL SNAPSHOT



Program Expenses

- Youth Services & Advocacy: **83%**
- Management & General: **12%**
- Fundraising: **5%**



Revenue Sources

- Grants: **58%**
- Contributions: **20%**
- In-Kind & Fundraising Events: **22%**

AACY is committed to responsible stewardship and directing the majority of resources to youth and families.



AMERICAN ASSOCIATION OF CAREGIVING YOUTH

Headquarters | 6401 Congress Ave., Suite 200 | Boca Raton, FL 33487 | www.aacy.org

Donate: aacy.org/donate | 561-391-7401 | 800-508-9618 | info@aacy.org

NATIONAL LEADERSHIP & AWARENESS

Through the Caregiving Youth Institute (CYI), AACY advances recognition and support for Caregiving Youth nationwide by connecting youth and families to resources, advocating for legislation, conducting and supporting research, and educating professionals and the public.

National Media Coverage: AACY was featured in major national news and editorial outlets, including NBC's TODAY Show with Maria Shriver, USA Today, and CBS News, helping bring national visibility to Caregiving Youth.

Congressional Recognition: Supported national recognition of Caregiving Youth, including the designation of National Caregiving Youth Week in November.

Federal Research Engagement: Contributed to national awareness efforts alongside the Government Accountability Office (GAO) national study on Caregiving Youth.

National Advocacy Mobilization: Led Caregiving Youth Action Day USA, engaging students and stakeholders nationwide to elevate the needs of Caregiving Youth.

State Policy Advancement: Supported the Rhode Island Department of Education in the achievement of state-level policy and recognition of its Caregiving Youth

Public Media Partnership: Participated as a national outreach and engagement partner in *Caregiving*, a PBS-WETA documentary executive-produced by Bradley Cooper, which brought together leading organizations to raise national awareness of caregiving; research from the Caregiving Youth Research Collaborative (CYRC) was cited as part of the project (released June 2025).

LOOKING AHEAD

Demand for Caregiving Youth services continues to grow locally and nationally. AACY remains committed to strengthening direct support, expanding awareness, and building sustainable systems so Caregiving Youth are no longer invisible.

THIS WORK IS MADE POSSIBLE BY INDIVIDUALS, FOUNDATIONS, AND PUBLIC PARTNERS.

During the fiscal year July 1, 2024 through June 30, 2025, supporters who contributed \$25,000 or more include:

Batchelor Foundation; BallenIsles Foundation; Boca West Children's Foundation; Cecelia Lipton & Victor Farris Foundation; Church of Bethesda-by-the-Sea; Cornelia T. Bailey Foundation; Dune Road Foundation; Hands On Tzedakah; Impact the Palm Beaches; McNally Family Foundation; Palm Beach County; Pulte Family Foundation; Quantum Foundation; Schmidt Family Foundation; The Jim Moran Foundation; Town of Palm Beach United Way; United Way of Palm Beach & Martin Counties.

LEADERSHIP & GOVERNANCE

AACY is guided by a dedicated Board of Directors and Advisory Councils representing education, healthcare, research, policy, and community leadership. *Full leadership listings available at aacy.org.*

