

WE CHAMPION, SUPPORT, AND CELEBRATE YOUTH WHO CARE FOR CHRONICALLY ILL, INJURED, ELDERLY, OR DISABLED FAMILY MEMBERS.



American Association of
**Caregiving
Youth**

aacy.org



Kids are not alone.

CAREGIVING YOUTH PROJECT

of the American Association of Caregiving Youth

In 2006, the Caregiving Youth Project (CYP) made history by becoming the first program in the US to provide direct services for Caregiving Youth. CYP has grown significantly and served over 2,500 students at 35 middle and high schools across Palm Beach County. There are also an additional 22 schools in which students are enrolled but do not benefit from a formal in-school program *due to resource constraints*.

Direct Services in Palm Beach County

- Students typically remain in AACY's Caregiving Youth Project for five and a half years. The professional CYP team provides services to students from grades six through twelve.
- AACY provides these direct services through a Behavioral Health Agreement with The School District of Palm Beach County. This agreement allows the CYP team to interact with school personnel, utilize their facilities, and access students in groups or one-on-one for services during school hours.
- The CYP offers Skills Building Workshops specific to this population's social, emotional, and practical needs. This culminates towards positively impacting students' grades and mental health, helping them reach graduation targets, and alleviating feeling alone.
- Through its school district partnership, AACY receives student records such as grades/graduation rates/behavioral progression information to verify CYP participant outcomes.
- To be eligible for the CYP services that receive certain funding, students must live in Palm Beach County, FL.
- Participants learn about CYP through referrals from School staff and other organizations familiar with our program's benefits. Word of mouth also helps spread information, and Lunch & Learn sessions are open to all interested students.
- After being welcomed into the program, our Family Specialists contact each family to assess their needs and provide resources, if needed, to reduce student and family stress. This ensures a tailored plan is created and can be adapted as necessary. Furthermore, students can access office staff during business hours or dedicated support from our experts at any time.

AACY has demonstrated that academic and personal success outcomes are improved when Caregiving Youth are recognized and supported through their Caregiving Youth Program (CYP).

The AACY CYP boasts an 8-year average high school graduation rate of 97.9%; more than 90% of these students go on to post-secondary education, and many seek a career in health care, a needed labor force as the U.S. population ages.

Our programs keep families together and have helped children: school performance, attendance, graduation rates, mental health, and well-being all improve with CYP support.

Forbes
The Doctors

teen
VOGUE

Esquire

NBC

Vice
News

The New York Times



AACY national recognition