American Association of Caregiving Youth®

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American Association of Caregiving Youth
and its Caregiving Youth Project

1515 N. Federal Highway
Suite 218
Boca Raton, FL 33432
561-391-7401
www.aacy.org

Hearts & “Soles”
American Association of Caregiving Youth

February 23, 2012
Via Mizner Golf & Country Club
The American Association of Caregiving Youth began in 1998 as Boca Raton Interfaith in Action with Faith in Action funding from the Robert Wood Johnson Foundation. A subsequent grant from the Quantum Foundation formed the cornerstone of family caregiver support services. In 2005 the organization’s name was changed to Volunteers for the Homebound and Family Caregivers. The non-profit has contributed more than a decade of hard work, perseverance and dedication to meet the growing needs of a changing population. In recent years, the work focused on the development of the US pioneering model project to support youth caregiving. Many collaborative partnerships form the basis for its strength today. By the end of 2009, adult volunteer Boca Respite services transitioned to Aloesea, a non-hospice program of Hospice by the Sea. Effective January 1, 2010 the organization officially changed its focus and adopted its new name, the American Association of Caregiving Youth (AACY; www.aacy.org).

The profound prevalence of youth caregiving in Palm Beach County was first identified through the What Works Survey in 2002. No one wanted to believe the data until the 2005 report, Young Caregivers in the U.S.; National Alliance for Caregiving (NAC) & United Hospital Fund, 2005. Then in 2006 the Silent Epidemic reflected on why young adults had dropped out of school and provided impetus for the Schmidt and Toppel Family Foundations to help seek other local foundation support to begin a pilot project. A year later the Robert Wood Johnson Foundation joined the team and the pilot project became the Caregiving Youth Partners’ Project. Today it continues as the Caregiving Youth Project (CYP; www.cyppb.org). The CYP works in partnership with The School District of Palm Beach County and has served more than 500 students and their families from eight middle and 17 high schools.

Today there are ten states across the US including NY and NJ in which there are various stages of discussions to develop affiliate relationships and replicate the CYP work. Yet to be established is the Caregiving Youth Institute.

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U.S. & International Youth Caregiving Facts

- There are an estimated 1.3-1.4 million caregiving children ages 8-18 years old in the U.S. Of these, 38% provide care for a grandparent and 34% provide care for a parent – Young Caregivers in the U.S.; National Alliance for Caregiving (NAC) & United Hospital Fund, 2005.

- Nationally, there are an estimated 36.5 million caregiving households in which 37% of participants (13.5 million) also had children under the age of 18 years living at home - Caregiving in the U.S; NAC/AARP, 2009.

- Of 2,670 sixth grade students surveyed in eight Palm Beach County middle schools in 2011, 1,176 are caregivers; 587 have significant caregiving responsibilities. Caregiving youth project eligibility results, 2011.


- “Not every child gets 18 years of childhood. Some have to become responsible adults well before their bodies grow into maturity.” How to help youth caregivers: Children caring for sick relatives need some attention of their own. Ryan. Contemporary Pediatrics, March 1, 2008.

- “By 2006 there was only one dedicated initiative, the Caregiving Youth Project, in Boca Raton, Florida, compared with over 350 projects in the UK.” Global perspectives on children’s unpaid caregiving in the family: research and policy on young carers in the UK, Australia, the USA and Sub-Saharan Africa. Becker. Global Social Policy. 2007; 7: 23-50.
FAMILY TESTIMONIALS

“It was a relief for my son to see staff at CYP. It felt like a safety net; someone he could talk to who cared.”

“Since starting CYP my son is more outgoing; he used to be shy now he is more loving and caring. CYP also helped him with homework and tutoring.”

“She has used the computer to research diabetes to help Grandma.”

“His dad got bath bars; he realizes he is not the only one in the world dealing with caregiving and is more tolerant with dad.”

“Now our family knows what needs to be done and organizes the caregiving activities in such a way that works well and does not induce stress. Before CYP, the home atmosphere was tense, challenging for mom and making it difficult for everyone in the family. With help from the program, the disposition has changed. There is a better atmosphere for studying. He can study out in the open instead of hiding in his room.”

“My daughter’s overall attitude has improved. She is more calm and has less stress. CYP helped her understand what I am dealing with.”

“The referrals and involvement in school were great and beneficial to our family.”

“We now have a better, more open relationship. We appreciate that our son is picked up and dropped off for CYP events as we cannot drive.”
Boca Raton Regional Hospital Foundation

**Congratulates**
the
American Association of Caregiving Youth

We are pleased to honor the AACY for its outstanding work on behalf of caregiving youth, as we work together to improve the health and well-being of our community

Boca Raton Regional Hospital Foundation

745 Meadows Road • Boca Raton, Fl. 33486
www.brrh.com • 561.955.4142

**AACY TEAM**

Cynthia Cummings
Donna Drucker, LCSW
Lynne Durbin, LMHC
Summer Faerman
Gerry Fallon
Karen Harwood, MSW
Cristy Hom, LCSW
Rose-Lissa Regnier, MSW
Connie Siskowski, RN, PhD
Bryan Still, AmeriCorps
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Robert Wood Johnson Foundation
Soroptimist International of Boca Raton/Deerfield Beach
Sun-Sentinel Children’s Fund of the McCormick Foundation
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The School District of Palm Beach County

Special recognition and thanks to the many other individuals and organizations who make the services to caregiving youth possible.
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Please call 1-866-505-2869 ext. 150 to learn more about tutoring for your child or for information about becoming a tutor

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Rosalyn Carter Institute for Caregiving
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Smiles of Boca
Spodak Dental
Summer & Larry Faerman
TD Bank
The Children’s Museum
The City of Boca Raton
The Dermatology and Aesthetic Center
The Gould Family
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William and Gherrie Schwartz
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Yaacov Heller
Zen Den School of Yoga

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Chima Brazilian Steakhouse
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The Gould Family would like to thank Mrs. Gerena and the Boca Raton Community Middle School Jazz Band for their awesome “Hearts and Souls”

CONGRATULATIONS Principal Slack for having the “Courage” to share your caregiving story.

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And become healthy, productive adults

They need support for today and tomorrow!

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I want to ask them to donate just $10 to
The Caregiving Youth Forever Fund

Will you please help me?

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Summer Faerman
Kim Hermanowski
Jodi Shegota
Connie Siskowski
Carole Rutherford Stevenson

Meryl & Ron Gallatin
Thanks for Many Happy Memories Fred!

We Miss Our Friend

Gary & Connie Siskowski
In memory of our dear friend,
Fred Galland,

We miss you so much...

With All Our Love,
Kathy, Rosanne, Maddy, Joel,

Uncle Freddie
We Miss You and Love You!

Love
Dacota and the Kids

Only a Friend, Forever

Anonymous
Congratulations AACY
Connie, we are so proud of you.

Rosemary & Ben Krieger

Summer, thank you for being the 
**Heart & Soul** of our Family.
We Love You!

Larry
Deborah
Shoshanna

In Loving Memory of 
Fred Galland

Charles and Joan Hermanowski Family Foundation

Liz and Mike Wilsman proudly support all of the Caregiving Youth helping their families in need.

Boca Respite Services final transition to Aloesea—December 2009
Yoga instructor, motivational speaker, and author of *Choose Peace*, Rina has been featured on Discovery Channel Latin America, Univision’s *Tu Desayuno Alegre*, as well as Plum TV, *Buena Vida Magazine*, *The Miami Herald* and NBCMiami.com, just to name a few. She is founder of Rina Yoga in Miami and has partnered with JW Marriott Marquis Miami to launch a second location. Known as a teacher of teachers, Rina has created and directed her own teacher training programs since 2005 and continues traveling extensively hosting workshops and international retreats.

Rina was recently been awarded one of South Florida’s Business Leaders 2011 Movers and Shakers. She is known for her vibrant and uplifting approach to yoga. Never shy about herself, she understands that we are all the same and openly shares the lessons of her life without reservation, fostering an environment of complete trust.

**Warning: Her love of life is contagious!**

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**Summer,**

We are very proud of you for all the hard work you do for the community.

*Michael, Robbie, Lexi, Jacob, and Eli*

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**In honor of my niece,**

**Summer Faerman**

*I Love You!*

*Love,
Aunt Nancy Marsh*

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**Summer,**

You do terrific work

*All of our best!*

*Love,
The Rosenberg Family*

*Wendy, Neil, Dani, Ali, Jackie, and Blane*
Mark Hansen: It’s true, we can learn reading, writing, and arithmetic at school, but seldom do we learn about being a self-employed, self-motivated, job creator instead of a job-taker. Mark relates to teens struggles in adolescence because he himself struggled through very difficult and challenging events in his own life. Mark now is not only a successful businessman in real estate, but he is a former elected official who served two terms on the Palm Beach County School Board. He is the author of three books. Mark is a graduate of Florida Atlantic University with a degree in communications. He has given over 1,500 seminars, appeared on radio and television programs. One of his books, An Ark for Learning is used in many middle schools as a guide for students and teachers. In addition, Mark has been a real estate professional for the last 16 years. Among his numerous awards are the Nido Qubein Scholarship Award from the National Speakers Association, the Dorothy Finkelhor Award from the Florida Speakers Association, the National Society for Collegiate Scholars at Florida Atlantic University, the Excellence in Education Award from Northwood University, and the 2012 Martin Luther King Leadership Award from Palm Beach State College. Mark is an enthusiastic crusader of what’s possible, and is driven to make the world a better place. At the age of 43, Mark’s accomplishments speak for themselves and is an example to other teens of what can be accomplished even when others tell you, you can’t.

Summer Schwartz Faerman: Originally from Miami Beach, Summer, a true Floridian completed her extensive education at The University of Florida. Upon graduation Summer devoted her career to the non profit world. She has worked for non profit community agencies in New York and Florida for the past 14 years; including Bais Ezra, Hillel of Broward and Palm Beach, and Volunteers for the Homebound and Family Caregivers, now The American Association of Caregiving Youth. Summer finds that giving back is an integral part of her core values.....she is famous for saying that if you don’t give back, you will never move forward in life! In addition to volunteering Summer has a passion for the culinary arts. She was integral in the design and construction of the kitchen facilities at the Hillel at The University of Florida. Her work in this kitchen would serve her well as she began volunteering at Boca Helping Hands 12 years ago. Now raising two more Floridians, Deborah 8 and Shoshanna 6. Summer continues to volunteer in the community with FAU, Addison Mizner Elementary School, The Caregiving Youth Project, Aloesea, or anyone who may need a helping hand. Her work with the community was recognized in 2009 when she was awarded the Volunteer of the Year Award by Soroptimist International of Boca Raton/Deerfield Beach.

Summer, We have watched you grow from a generous girl into an altruistic woman. You are our bright and shining star. Always loving and forever loved by all you touch! Love, Mom & Dad

An Ark for Learning is used in many middle schools as a guide for students and teachers. In addition, Mark has been a real estate professional for the last 16 years. Among his numerous awards are the Nido Qubein Scholarship Award from the National Speakers Association, the Dorothy Finkelhor Award from the Florida Speakers Association, the National Society for Collegiate Scholars at Florida Atlantic University, the Excellence in Education Award from Northwood University, and the 2012 Martin Luther King Leadership Award from Palm Beach State College. Mark is an enthusiastic crusader of what’s possible, and is driven to make the world a better place. At the age of 43, Mark’s accomplishments speak for themselves and is an example to other teens of what can be accomplished even when others tell you, you can’t.
PROGRAM

Registration & Reception

Boca Raton Community Middle School Jazz Band

Welcome

Peter Slack, Principal Boca Raton Community Middle School

Recognition of Sponsors

Dinner

Introductions of Board & Staff

Fred Galland Tribute—Ron Gallatin & Gary Siskowski

Keynote Speaker – Rina Jackubowitz

A Caregiving Youth Speaks – Bernise Luzincourt

Courage Awards

Chuck Anderson, President and CEO
United Way of Palm Beach County’s

Debut Performance – Juan Baez, Caregiving Youth

Live Auction

Drawing Prizes

Closing Video

(Caregiving Youth Project, 2011-12 Courage Awards, They Went Above and Beyond)

CAREGIVING YOUTH PROJECT

Brandeis Research Project
Amanatullah (Mishu) Khan
Ana Martinez
Enase Preivlon

Media Participants
Bernise Luzincourt
Andrew Netzer
Amber Segebart
Isis Souffrain

Speaker—Alzheimer’s Association Dinner
Antonio Villatoro

Writer—Performer
Juan Baez

(Silent Auction Ends at 8:00)