



American Association of  
**Caregiving**  
**Youth**

# Agenda

- ♥ **WHAT is AACY**
- ♥ **WHO are the Caregiving Youth**
- ♥ **IMPACT to the Individual and Society**
- ♥ **ECONOMIC Impact**
- ♥ **HOW You Can Help**

# What is AACY?

## American Association of Caregiving Youth (AACY)

- Florida based non-profit corporation
- Established in 1998
- The only organization in the US dedicated solely to addressing caregiving youth issues
- Established the Caregiving Youth Institute in 2014



## Caregiving Youth Project (CYP)

- Established in 2006 by AACY
- Addresses the needs of pre-teens, teens, families, and professionals through education, awareness, research and direct services
- Brings together healthcare, education, and the community
- Works in partnership with school districts

# Who are the Caregiving Youth?

- ♥ Children & adolescents <18 years of age who provide significant assistance to relatives or household members who need help due to:



- ♥ At least 1.4 million caregiving youth, ages 8 to 18, exist nationwide as of 2005



# The Impact on Caregiving Youth

**Caregiving Youth**  
spend an average  
of 20 hours a  
week caring for  
loved ones



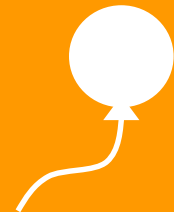
**They sacrifice**  
their education,  
physical and  
emotional well-  
being



**They become**  
**isolated** from  
friends & lack  
socialization



**They miss**  
**experiencing**  
their own  
childhood



# Impact on Youth and Society in the US

**20%**

Average high school drop out rate



**22%**

Of students who left school for personal reasons, to care for a family member



**<\$20k**

Average annual income of high school dropouts



**30.8%**

Poverty rate for high school drop outs



# CYP: Focused on Making a Difference

*As a result of CYP,  
>85% of youth  
participants reported:*

*>65% of youth  
participants reported:*

Report Card	A++	
Helped them in school		✓
Increased caregiving knowledge		✓
Improved self esteem & confidence		✓
Decreased stress & frustration		✓
Increased socialization		✓

# Economic Impact of CYP 2013-14

## CYP Investment per Student/Year

Total students in CYP 2013-2014	550
Cost per student	\$766.39 / year
<b>Total Annual Investment</b>	<b>\$421,515/ year</b>
95% graduation rate for existing CYP students	523 graduates
Additional annual income of high school grads compared with non grads	\$10,000 per year

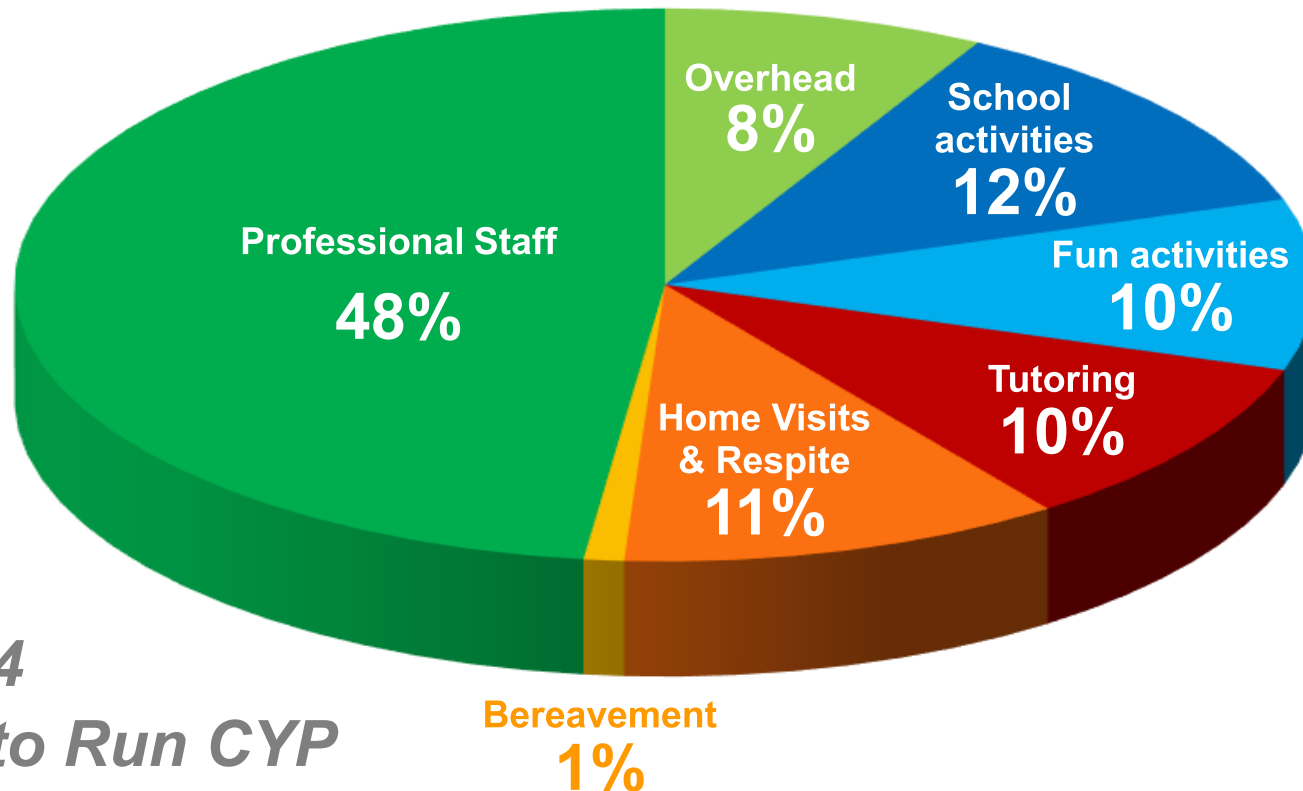
*Ultimately just these 523 grads from CYP will collectively impact the economy with >\$5.2M average / year!*

*This represents a return of 12 x investment!*



# Funding and Resources Needed

- ♥ CYP includes direct and indirect support services in school, out of school and at home
- ♥ <10% Administrative overhead
- ♥ \$766.39 Average investment per CYP student/year




2013-14

Costs to Run CYP

# What AACY is Working Towards

**Raising Awareness**  
about caregiving youth among:

**The Public**



**Professionals**



Healthcare  
Education  
Community

**Additional Funds Needed for:**



- ♥ **National research update**
- ♥ **Expansion of the CYP**
- ♥ **Development of the Caregiving Youth Institute**

# Call to Action



## ♥ What you can do to help

- Make a Donation
- Be a Volunteer
- Build Awareness of AACY and CYP
- Advocate for Caregiving Youth





## ***Morally & Economically***

Supporting Caregiving Youth  
for Today & Tomorrow is the  
***Right Thing to Do...***



***On behalf of these Hidden Heroes,  
for the benefit of our Children & Grandchildren,  
our greater Community & our Country***



**Thank You**  
**[www.aacy.org](http://www.aacy.org)**





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# APPENDIX



# Caregiving Youth Institute (CYI)

- ♥ The Caregiving Youth Institute was established in **April 2014** under the auspices of **AACY**
- ♥ The CYI provides the venue & opportunity to create the formal structure for what AACY has been informally providing for several years

The CYI's goal is to **raise the level of awareness** & multi-system needs of caregiving youth along with **solutions** or their **support** through the multiple aspects of

**C.A.R.E.**

**C** onnection

**A** dvocacy

**R** esearch

**E** ducation



# Cited References

- ♥ Slide 4: Young Caregivers in the US (2005), National Alliance for Caregiving in collaboration with United Hospital Fund
- ♥ Slide 5: <https://www.saanys.org/uploads/content/TheSilentEpidemic-ExecSum.pdf>
- ♥ Slide 6:
  - 1) *20% Average Drop Out Rate*: [i] U.S. Department of Education, Institute of Education Sciences, National Center for Education Statistics (2013) *Public School Graduates and Dropouts from the Common Core of Data: School Year 2009-10*; <http://nces.ed.gov/pubs2013/2013309.pdf>
  - 2) *22% Students Who Dropped out Of School: Silent Epidemic* (2006) reported that among young adults who had dropped out of school for personal reasons, 22% left school to care for a family member.
  - 3) *High school dropouts earn significantly less than college graduates* (\$46, 930 college graduate vs. \$19,540 high school drop out (42% less): Source US Department of Education, 2011.
  - 4) *30.8 % Poverty Rate: Unemployment Rate among high school drop outs.*  
Source: US Dept. of Labor, Bureau of Labor Statistics, 2011
- ♥ Slide 7: 2013-2014 EOY CYP Survey Results of 292 students
- ♥ Slide 8: 1,000 new grads collectively contribute \$10M in additional earnings per year (includes wages, spending, investments, home & auto sales, jobs, tax revenue & increased human capital): Alliance for Excellent Education – March 2011